

# Define your crisis exercise calendar

You need to test multiple teams or stakeholders, or > 50 participants

**Repeatable exercises every 3 months:** embed new processes and playbooks, manage staff turnover

**Large scale annual/six-monthly exercises:** usually sufficient to meet the needs of regulators or insurance

Your business has few protocols, or participants have very mixed confidence

Your business has established procedures and experience

**2-3 small-scale exercises leading up to one larger exercise:** prep different teams with smaller exercises, before testing the whole business

**Annual exercise:** sufficient.  
**Essential:** additional training to tackle any gaps

You only need to test one team e.g an SLT, or < 10 participants